

BLUEWATER GYMNASTICS CLUB

Learning and growing through sport and fitness.



SPRING SESSION SCHEDULE – 12 Weeks

April 6 to June 28, 2026

Parent Involved Recreational Gymnastics Programs

Coach-led classes that encourage parents with their toddlers to explore equipment specifically designed to promote balance and coordination through circuits and free play. Watch these little athletes grow as they develop fundamental movements, gross motor skills, and build confidence!

Gymtots \$184.80	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Boys/Girls (18 to 3 years) <i>Main Gym</i> 8:1 ratio 50 min/wk		9:30am 10:30am	9:30am 10:30am	9:30am 10:30am		9:00am 10:00am 11:00am	9:00am 10:00am
<i>Upper Gym</i> \$147.72 6:1 ratio 40 min/wk			5:30pm				

Recreational Gymnastics Programs

Athletes participate independently in curriculum-based programs. Certified coaches provide high-quality instruction on the fundamentals of gymnastics to promote strength, flexibility, coordination, balance and agility.

Kindergym \$184.80	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Boys/Girls (3 to 4 years) <i>Main Gym</i> 7:1 ratio 50 min/wk	9:30am 10:30am	9:30am 10:30am	9:30am 10:30am	9:30am 10:30am		9:00am 10:00am 11:00am	9:00am 10:00am 11:00am
<i>Upper Gym</i> 7:1 ratio 50 min/wk	4:30pm	4:30pm 5:30pm 6:30pm	4:30pm	4:30pm	4:30pm 5:30pm 6:30pm		

Jr. Recreation \$184.80	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Boys/Girls (5 to 6 years) 8:1 ratio 50 min/wk <i>Main gym</i>		5:45pm 6:45pm		6:10pm	5:30pm 6:30pm	9:00am 10:00am 11:00am 12:00pm	10:00am 11:00am
<i>Upper gym</i>	5:30pm						

Jr. Recreation \$264	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Boys/Girls (5 to 6 years) 8:1 ratio 1 hr 20 min/wk		6:40pm			6:30pm	12:00pm	12:00pm

Int. Recreation \$184.80	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Boys/Girls (7 to 8 years) 8:1 ratio 50 min/wk	6:30pm	5:45pm 6:45pm		7:10pm	5:30pm 6:30pm		

Int. Recreation \$264	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Boys/Girls (7 to 8 years) 8:1 ratio 1 hr 20 min/wk		6:40pm			6:30pm	12:00pm	12:00pm

Int. Recreation \$330	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Boys/Girls (7 to 10 years) 8:1 ratio 1hr 50 min/wk			5:45pm 6:10pm	5:45pm			

Sr. Recreation \$264	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Boys/Girls (9 to 15 years) 8:1 ratio 1 hr 20 min/wk		7:40pm			7:30pm	1:30pm	12:00pm

Advanced Recreational Gymnastics Programs

A great next step for athletes looking to expand their gymnastics knowledge and experience with more time in the gym. Certified coaches will help develop individualized growth plans and prepare athletes for a gradual increase in intensity and continued skill development on all events.

Jr. Advanced \$264	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Girls (5 to 6 years) <i>Upper gym</i> 8:1 ratio 1 hr 20 min/wk	4:30pm 6:00pm		6:15pm	4:30pm			
<i>Main gym</i>						12:00pm	



Int. Advanced	\$330	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Girls (7 to 8 years) 8:1 ratio 1hr 50 min/wk				5:45pm	5:45pm		1:00pm	

Sr. Advanced	\$396	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Girls (9 to 15 years) 8:1 ratio 2hr 50 min/wk		6:10pm	4:30pm 6:10pm		6:10pm	6:10pm	1:00pm	

Ninja and Trampoline Programs

This high-energy class teaches Little Warriors to roll, jump, vault, climb the rock wall and navigate challenging obstacle courses with guided instruction and child-led play.

Little Warriors	\$184.80	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Boys/Girls (3 to 5 years) 7:1 ratio 50 min/wk					5:30pm			

The Ninja & Trampoline program combines Ninja skills of jumping, climbing, vaulting, swinging and rolling with trampoline skills of springing, twisting and flipping to develop a well-rounded Ninja athlete. Strength and agility are tested through obstacle courses, climbing wall, and trampoline.

A portion of the class will be held in the main gym for trampoline. Lessons follow the GO NINJA level system.

Ninja & Trampoline	\$184.80	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Boys/Girls (5 to 8 years) 7:1 ratio 50 min/wk		6:30pm			6:30pm			

This class is FUN for children who love to bounce around. Emphasis is on proper technique and safe execution of various beginner trampoline skills which can then progress into learning how to do flips. Classes are taught using Bluewater's in-ground trampoline, the 60-foot-long "Tumble Trak", and a foam pit for safety.

Trampoline	\$184.80	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Tumbling & Trampoline Boys/Girls (6 to 10 years) 8:1 ratio 50 min/wk			7:30pm					
Beginner Trampoline Boys/Girls (6 to 10 years) 8:1 ratio 50 min/wk						6:30pm		



Additional Information

PAYMENTS

The first payment for a session includes the first month of the session and the GO FEE. Invoices are automatically generated on the first of each month in the session for the number of weeks in that month.

For example: A 50-minute class is \$15.40 per class x 4 for the month = \$61.60

Gymnastics Ontario (GO) Insurance/Admin Fee Family Discounts

For classes \$48.00

10% off second child

Valid July 1-June 30, non-refundable

50% off third child plus

Session Dates

Class Day	Start Date	End Date	Holidays & Closures
Monday	April 6th	June 22nd	No classes Monday May 25, 2026 (Victoria Day)
Tuesday	April 7th	June 23rd	
Wednesday	April 8th	June 24th	
Thursday	April 9th	June 25th	
Friday	April 10th	June 26th	
Saturday	April 11th	June 27th	
Sunday	April 12th	June 28th	

